



# A Different Approach To Rural Substance Use Disorder Treatment

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# Who Are We?

- Myrtle Recovery Centers, Inc (MRCI) is a 30-bed inpatient treatment center for Substance Use Disorders (SUD).
  - We have 14 available beds for medically supervised withdrawal (AKA Detox)
    - Medically supervised withdrawal is required for patients that are withdrawing from:
      - ETOH (alcohol)
      - Benzodiazepines ( Xanax/ Ativan/Klonopin)
      - Opiates including Fentanyl
    - *Abruptly stopping any of the above listed substances lead to severe withdrawal symptoms that can cause death.*
    - Average length of stay in detox is 7-10 days.
    - Withdrawal symptoms are monitored via the use of evidence based objective scales (CIWA/COWS)





# Who Are We?

- We have 16 available beds for Residential Treatment (RTC)
  - RTC is designed for patients that either have:
    - (a) successfully detoxed from on the substances listed in previous slide and need extended treatment
    - (b) or patients that use substances without significant physical withdrawal symptoms.
  - This would include:
    - Methamphetamine
    - Prescription stimulants (Adderall/ Ritlan)
    - Cocaine and or “Crack”
  - Average length of stay is 25-28 days



# What We Offer

- **Our two inpatient service lines are specifically designed for the needs of the patient seeking that service.**
  - Medically supervised withdrawal focus on the safe and “comfortable” withdrawal from the patient drug of choice (DOC)
    - *Medication assisted treatment is available as vast amounts of literature suggests an increased success rate as opposed to “cold turkey”*
    - *Patients are regularly screened (as directed by provider order) with objective scales to evaluate the severity of the withdrawal.*
  - We provide intensive counselling both in the group and individual settings provided by Masters prepared Social Worker/Counselor
    - *Our program is “trauma focused” meaning there is exploration of past trauma, which research reveals the role trauma plays in addiction.*

# What We Offer

- We also provide intensive case management services specifically designed with the patients needs as well as their requests for their aftercare.
- Aftercare would include:
  - *Partial hospitalization (PHP) if warranted*
  - *Intensive outpatient (IOP)*
  - *Medication assisted treatment (MAT) provider if warranted*
  - *Relapse recovery plan*
  - *Scheduled appointment with primary care provider*
  - *Scheduled appointment with behavioral health provider if warranted*
  - *Scheduled appointment with any specialty services if warranted*

# How Are WE Different?

- All patients (regardless of payor source) need high quality treatment!
- We took many of the evidence based programmatic aspects of private treatment centers and developed our program focusing on the “root cause” of addiction while simultaneously working to “retrain” the brain.
- SUD is often secondary to past trauma and our program focuses on addressing that trauma and processing it in a healthy way.
- Understanding the biology of addiction, we must work to change how the patient thinks about their DOC.
- We currently have a 100% “would recommend” rating from our patient satisfaction survey results.





# How Are WE Different?

- We occupied the unused portion of a fully operational Critical Access Hospital and converted the former hospital rooms into both private and semi-private rooms for our patients.
- All areas are ADA compliant, and our hallway egresses can easily accommodate both walkers and wheelchairs.
- We are also approximately 50 feet from a fully functional emergency department staffed 24/7 with an emergency medicine provider.
- Both of these aspects of MRCI allows to accept patients that other treatment centers may not feel as comfortable with.





## “In A Nutshell”



- MRCI is a very high-quality program that accepts most (*soon to be all*) TennCare and Marketplace insurance plans.
- We are staffed 24/7 with both nursing and behavioral health techs.
- We have very large accommodating spaces for treatment.
- We have an emergency department 50 feet from our front door.
- We work with the patient to develop a very strong aftercare program in their area.
- Our program focuses on why does the patient use, and how can we help change that mind set.





# For Referrals:


**Admissions Phone: (423) 569-7866**

**Admissions Fax: (423) 286-1911**

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*If you have any questions or need assistance with a referral, you can contact our Senior Business Development Specialist:*

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